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LANSDOWNE RESORT TO HOST DEJIA HARMONY WELLNESS SYMPOSIUM JUNE 11 - 13

LEESBURG, VA --- With health and wellness being a daily topic in the public consciousness, <u>Lansdowne Resort</u> in partnership with Dejia Harmony, is pleased to host the first Wellness Symposium June 11-13, 2021.

The journey to personal well-being will showcase a thoughtfully curated collection of experiences centered on self-care and nourishing cuisine, shared within a supportive community just 35 minutes from Washington, DC. The weekend celebration will offer three ways to participate with a VIP Overnight Package, Day Package or Virtual Access opportunity.

The Dejia Harmony Wellness Symposium leaders include an elite roster of acclaimed speakers, healers and practitioners. The program includes:

- **Brian Hazelgren**, keynote speaker, Globally recognized expert in business planning, corporate strategy, entrepreneurship and more
- Hon K. Lee, LAC, Dipl.OM, DMQ, DAOM, Doctor of Acupuncture
- Edward Group III, Founder of the Global Healing Center
- Beth Shaw, Visionary, entrepreneur, author and yogi
- Aihan Kuhn CMD, OBT healer and master of Tai Chi
- Marcelle Hanish, FNP-BC, LAc Licensed Acupuncturist
- Mary Frances Hartley, Nutritionist

"We are truly excited to offer this inspiring weekend with a host of experts to showcase personal health and wellness on the beautiful grounds of Lansdowne Resort," said Managing Director, Kevin Carter. "This will be the first of many such programs we will offer in the future."

The weekend kicks off with VIP Access Only event reception and dinner on Friday evening. On Saturday guests will start the day with a Group Sound Bath and Meditation and continue the day with various sessions of their choice. Between sessions guests can take part in yoga, walks, or meditation breaks. Sunday will also include a choice of sessions and wrap up with a brunch.

To reserve a space in The Dejia Harmony Wellness Symposium, call 703.858.4921 or visit https://www.lansdowneresort.com/wellness/global-wellness-celebration/ to see the complete schedule.

About Dejia Harmony

Dejia Harmony is a groundbreaking wellness service organization with a mission to empower people to be the guardians of their health and well-being. Offering a systematic, self-guided approach to assess, monitor and intervene on an individuals wellness status. The service utilizes a suite of tools, including mobile app, customized nutritional supplements, wellness enhancing devices, and unique and innovative exercise routines that are based on a fusion of Eastern medical wisdom and Western medical science.

About Lansdowne Resort

Lansdowne Resort is a coveted wellness destination with environments created to promote the synergy of Mind, Body and Spirit. Nestled into 500 bucolic acres overlooking the picturesque Potomac River, guests are invited to disconnect from the world and reconnect with themselves through experiences that encourage self-discovery. Players find their haven on 45 holes of challenging championship golf designed by Greg Norman and Robert Trent Jones Jr. Travelers enjoy an idyllic escape in the AAA Four Diamond award-winning resort's myriad outdoor activities and spa. Groups discover an oasis for productive meetings with innovative conference facilities and world-class dining and amenities. Located 30 miles outside Washington, D.C. and 12 miles from Washington Dulles International Airport. For more information visit www.Lansdowneresort.com